

# Training your tongue with sheet supplement

A life where you can eat and sleep with peace of mind with tongue training.

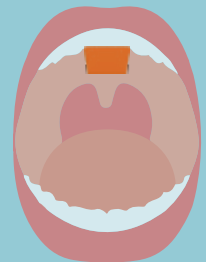
## What is sheet supplement?

A sheet-type gummy designed for tongue strength training.



## How to use sheet supplement?

Only to put your upper jaw and rub it with your tongue to melt it.



## Effecton And Evidence

Tested in three Japanese hospitals.  
Confirmed increase in tongue muscle strength in all the hospitals.



# tantore sheet

## Sheet supplement for training your tongue

A life where you can eat and sleep with peace of mind with tongue training.

Strengthening your tongue muscles leads to better health.

Tantore sheet is a sheet-type gummy for easy, long-lasting tongue muscle training. It contains delicious and healthy ingredients.

Strengthen your tongue muscles and live a healthy life.

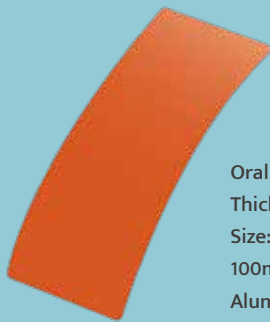
## Tongue training with one sheet

Train your tongue just lick it with your tongue anytime, anywhere thin sheet.

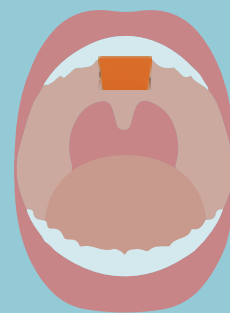
Take it after a meal to refresh your mouth.

Tantore sheets are easy to carry around.

Illustration of the tongue training sheet pasted as far back as possible on the roof of the mouth.



Oral dissolving film  
Thickness: around 150μm  
Size: 20mm\*30mm  
100mg/sheet  
Aluminum Packaging



### Ingredient

Xylitol, Crispatsu,  
Pullulan, Stevia  
Flavor:grape

About custom made  
• Jasmine flavor  
• Cinderella lactic acid bacteria  
• peach flavor  
• L8020 : strawberry flavor  
• Crispatus fungus : yogurt flavor etc  
It can produce custom made.

### Supplement intake / Method

- STEP1 Stick it as far back as possible on the upper jaw.
- STEP2 Lick the tantore sheet by moving your tongue from side to side, tracing on the sheet.
- STEP3 Move your tongue as quick as possible to dissolve it.

tantore

J A P A N

